

Pool Schedule | July 2021

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am	Lap Swim	Lap Swim	Shared Lanes	Lap Swim	Shared Lanes	Lap Swim	Lap Swim
8:00am	Shared Lanes	Shared Lanes		Lap Swim		Shared Lanes	Shared Lanes
9:00am			Aqua Fit		Aqua Fit		
10:00am	Lap Swim	Lap Swim				Lap Swim	Lap Swim
11:00am	Shared Lanes	Shared Lanes	Shared Lanes	Shared Lanes	Shared Lanes		
12:00pm						Family Swim	Swim Team/ Swim Lessons
1:00pm	Family Swim	Swim Team/ Swim Lessons		Swim Team/ Swim Lessons	Family Swim		
2:00pm						Lap Swim	Shared Lanes
3:00pm	Lap Swim	Shared Lanes		Shared Lanes	Aqua Fit		
4:00pm			Lap Swim			Shared Lanes	Shared Lanes
5:00pm	Lap Swim	Shared Lanes		Shared Lanes	Aqua Fit		
6:00pm			Lap Swim			Shared Lanes	Shared Lanes
7:00pm	Pool closes at 7:00pm	Shared Lanes		Shared Lanes	Shared Lanes		
8:00pm	Pool closes at 8:00pm						

- The Baby Pool and Recreation area are available to book all day throughout the week!
- Please see the back for new rules and regulations. Thanks for your patience as we navigate these difficult times.

Welcome to the JCC Aquatics Center!

Hours of Operation* (Reservations required)

Monday-Friday..... 7:00am-8:00pm

Saturday & Sunday..... 7:00am- 7:00pm

*Please check apjcc.org for holiday hours this month

Lap Swim

Lap swim is single use and requires a reservation. You may also share with a member from your household. You will have 45 minutes to swim. Check out the Pool Schedule on our website for detailed information and to make a reservation.

Shared Lanes

Shared lanes will have 2 reservations per time slot so you may be sharing with someone outside of your household. If you'd like to share a lane with a member of your household, each person will need to make a reservation at that time.

During shared lane swim, please remember:

- *Start on stop, and keep your gear on opposite ends of the pool.*
- *Make sure to communicate with other swimmers what side you will be swimming on.*
- *Do not rest in the center of the wall.*
- *Try to choose a lane with a swimmer with similar activity level as yours.*

Swim Team

The Swim Team is operating year round and taking swimmers! Come to a tryout on Saturdays from 12:00-1:00 pm. Please check out the website for more info or email the Aquatics Department at aquatics@apjcc.org if you'd like to come to a tryout.

Swim Lessons

The APJCC has afternoon, weekly sessions to fit your busy summer schedule! Pick a week and come every Monday – Thursday of that week. Private, Semi Private & Group lessons available. Classes are ½ hour and run from 3:00-6:00pm.

Aqua Fit

Aqua Fit is offered on Monday, Wednesday and Friday, and Sunday from 10:00am-10:45am, & Thursday from 6-6:45pm. Reservations are required and groups will be limited to 30. No congregating on the pool deck before or after, please.

Family Swim

- Thursday 1:00-2:45, Fridays & Saturday 3:00-4:45pm and Sundays from 2:00-3:30pm.
- Up to 8 members per household.
- For families only, if you'd like to lap swim please reserve a lap swim lane.
- The pool is divided into large sections.
- Each section has a pool edge to get in and out of. Deep end, shallow end, recreation area & baby pool are available to reserve.
- Deep end is near the field, the shallow end is near the playground, and the rec area is the square by the stairs.