

Pool Schedule | May 2021

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
|---------|-----------------------|----------------------------|--------------|--------------|--------------|----------------------------|-----------------------|-------------|-----------|
| 7:00am | Lap Swim | Lap Swim | Shared Lanes | Lap Swim | Shared Lanes | Lap Swim | Lap Swim | | |
| 8:00am | Shared Lanes | Shared Lanes | Lap Swim | Shared Lanes | Lap Swim | Shared Lanes | | | |
| 9:00am | Lap Swim | Lap Swim | | Lap Swim | | Lap Swim | Shared Lanes | | |
| 10:00am | Aqua Fit | Aqua Fit | | Aqua Fit | | Aqua Fit | Lap Swim | | |
| 11:00am | Lap Swim | Lap Swim | | Lap Swim | | Lap Swim | Lap Swim | | |
| 12:00pm | Shared Lanes | Shared Lanes | | Shared Lanes | | Shared Lanes | Shared Lanes | | |
| 1:00pm | Lap Swim | Lap Swim | | Shared Lanes | | Lap Swim | Shared Lanes | Lap Swim | Swim Team |
| 2:00pm | Family Swim | | | | | | | | |
| 3:00pm | Lap Swim | Swim Team/ Swim Lessons | | Lap Swim | | Swim Team/ Swim Lessons | Lap Swim | Family Swim | Lap Swim |
| 4:00pm | | | Shared Lanes | Lap Swim | | | | | |
| 5:00pm | | | Shared Lanes | Shared Lanes | Shared Lanes | | | | |
| 6:00pm | Pool closes at 7:00pm | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Pool closes at 7:00pm | | |
| 7:00pm | | Lap Swim | Lap Swim | Lap Swim | Lap Swim | | | | |
| 8:00pm | Pool closes at 8:00pm | | | | | | | | |

- The Baby Pool and Recreation area are available to book all day throughout the week!
- Please see the back for new rules and regulations. Thanks for your patience as we navigate these difficult times.

Welcome to the JCC Aquatics Center!

Hours of Operation* (Reservations required)

Monday-Friday..... 7:00am-8:00pm

Saturday & Sunday.....7:00am-7:00pm

*Please check apjcc.org for holiday hours this month

Lap Swim

Lap swim is single use and requires a reservation. You may also share with a member from your household. You will have 45 minutes to swim. Check out the Pool Schedule on our website for detailed information and to make a reservation.

Shared Lanes

Shared lanes will have 2 reservations per time slot so you may be sharing with someone outside of your household. If you'd like to share a lane with a member of your household, each person will need to make a reservation at that time.

During shared lane swim, please remember:

- Start on stop, and keep your gear on opposite ends of the pool.
- Make sure to communicate with other swimmers what side you will be swimming on.
- Do not rest in the center of the wall.
- Try to choose a lane with a swimmer with similar activity level as yours.

Swim Team

Swim Team & Swim Lessons are currently available in monthly sessions. Please check out the website for more info or email the Aquatics Department at aquatics@apjcc.org.

Aqua Fit

Aqua Fit is offered on Monday, Wednesday and Friday, and Sunday from 10:00am-10:45am, & Thursday from 6-6:45pm. Reservations are required and groups will be limited to 30. No congregating on the pool deck before or after, please.

Family Swim

- Family Swim is available on Fridays from 3:00-4:30pm and Sundays from 2:00-3:30pm. More times will be added in June.
- Up to 8 members per household are allowed.
- Family swim time is for families only. If you'd like to lap swim, please reserve a lap swim lane.
- The pool is divided into sections. Each has their own table and place to supervise children.
- Each section has a pool edge to get in and out of. Deep end, shallow end, recreation area & baby pool are available to reserve.
- Deep end is near the field, the shallow end is near the playground. The recreation area is the square by the stairs.
- The baby pool and recreation area are also available throughout the day to reserve.
- Check out our reservations page online for the available times.