

Pool Schedule | January 2021

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday									
7:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim									
8:00am																
9:00am																
10:00am	Aqua Fit	Aqua Fit		Aqua Fit		Aqua Fit										
11:00am	Lap Swim	Lap Swim		Lap Swim		Lap Swim		Lap Swim	Lap Swim							
12:00pm																
1:00pm																
2:00pm	Family Swim	Swim Team				Lap Swim		Swim Team		Family Swim	Lap Swim					
3:00pm																
4:00pm																
5:00pm	Lap Swim	Lap Swim	Lap Swim		Swim Team		Lap Swim	Lap Swim								
6:00pm																
7:00pm																
7:00pm	Pool closes at 7:00pm	Lap Swim			Lap Swim		Aqua Fit			Lap Swim		Lap Swim				
8:00pm	Pool closes at 8:00pm															

-The Baby Pool and Recreation area are available to book all day throughout the week!

-Please see the back for new rules and regulations. Thanks for your patience as we navigate these difficult times.

Welcome to the JCC Aquatics Center!

Hours of Operation* 7:00am-8:00pm, Monday-Friday, 7:00am-7:00pm Saturday & Sunday
Reservations required

*Please check apjcc.org for holiday hours this month

What we are doing to keep the pool area safe and clean *(All policies and restrictions are per CDC guidelines.)*

- All staff & participants are required to get their temperature taken & answer a health questionnaire before entering facility.
- All lap swim, swim team & aqua fit programs will have a 15 minute sanitizing time in between appointments.
- We ask all members to be off deck for cleaning by :50.
- No lounging or sunbathing on the pool deck.
- No changing in the locker rooms. Please arrive and leave in your swimsuit.
- Restrooms and outdoor showers are open.
- All lessons will involve as little direct physical contact between student and teacher as possible.
- The students who are best suited for lessons are students who are already self-sufficient and need little physical assistance.
- A parent may need to participate in class and hold the child if a student requires too much physical contact from the teacher.
- Lessons will be taught with the instructor standing out of the water from 6 feet away when possible.
- All swim lessons will have 5 minutes in between lessons for replacement and cleaning of equipment.
- Teachers will wear face shields during lessons and wash hands between each lesson.
- Swim team will be limited to the same 12 participants each day with cleaning time in between all groups.

Lap Swim

Lap swim requires a reservation. You will have 45 minutes to swim. Check out the Pool Schedule on our website for detailed information and to make a reservation.

Swim Team

Swim Teams are currently available for participants for 1 or 2 day a week, monthly sessions. Each group's practice is 45 minutes long, leaving 15 minutes for sanitizing in between. Due to current CDC guidelines, each child can only attend the one practice schedule they sign up for; your child must choose one or two day options and attend on that same day each week only. This helps us to limit the number of people your child comes into contact with. Must come for a minimum of 3 weeks out of the month and no proration available at this time. Please email the Aquatics Department at aquatics@apjcc.org to sign up.

- 2x a week option (Mondays & Thursdays)
 - Team A & B Combo: 3:00-3:45pm
 - Team A: 5:00-5:45pm
 - Team B: 4:00-4:45pm
 - Pricing: \$105 Member/ \$155 Non Member per month for any team
- 1x a week option
 - Saturday, All Teams: 1:00-1:45pm
 - Pricing: \$65 Member/\$105 Non Member per month for any team.

Aqua Fit

Aqua Fit is offered on Monday, Wednesday and Friday, and Sunday from 10:00am-10:45am, & Thursday from 6-6:45pm. Reservations are required and groups will be limited to 25. No congregating on the pool deck before or after, please.

Family Swim Fridays from 3:00-4:30pm and Sundays from 2:00-3:30pm.

- Up to 6 members per household. For families, lap swim please reserve a lap swim lane.
- The pool is divided into sections, each with their own table and place to supervise children.
- Each section has a pool edge to get in and out of. Deep end, shallow end, recreation area & baby pool are available to reserve. Deep end is near the field, the shallow end is near the playground, and the rec area is the square by the stairs.
- Please no meals, only snacks.
- The Baby Pool and Recreation Area are also available throughout the day to reserve.
- Check out our reservations page online for the available times.