

Pool Schedule

October 2020 (effective 10.14.20)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
7:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim						
8:00am													
9:00am													
10:00am	Aqua Fit	Aqua Fit		Aqua Fit		Aqua Fit							
11:00am	Lap Swim	Lap Swim		Lap Swim		Lap Swim	Lap Swim	Lap Swim	Swim Team				
12:00pm													
1:00pm													
2:00pm	Family Swim	Swim Team				Lap Swim		Swim Team		Family Swim	Lap Swim		
3:00pm	Swim Team								Lap Swim			Swim Team	Family Swim
4:00pm													
5:00pm	Lap Swim	Lap Swim	Lap Swim		Aqua Fit			Lap Swim					
6:00pm	Lap Swim									Lap Swim			
7:00pm					Pool closes at 7:00pm						Lap Swim	Lap Swim	Lap Swim
8:00pm	Pool closes at 8:00pm												

-The Baby Pool and Recreation area are available to book all day throughout the week!

-Please see the back for new rules and regulations. Thanks for your patience as we navigate these difficult times.

Welcome to the JCC Aquatics Center!

Hours of Operation*

7:00am-8:00pm, Monday-Friday, 7:00am-7:00pm Saturday & Sunday
Reservations required

*Please check ajccc.org for holiday hours this month

General Pool Information

- Please maintain 6 feet of distance between individuals who are not in the same household at all times.
- Gatherings on the pool deck are strictly prohibited.
- Please wear a face mask at all times, except when showering or in the pool.
- Bring your own goggles, towel, water, and any other aquatics workout equipment you may need.
- Please note, no access to the lockers or changing areas will be permitted until further notice.
- Swimmers must rinse off using the outdoor showers before entering the pool.
- We ask that you vacate the pool at the :45 minute mark and plan to exit the facility at the :50 minute mark.
- Staff will wipe down all commonly touched surfaces between session times and prepare for the next group to arrive.
- All previously written pool rules still apply. Lifeguards and JCC staff reserve the right to enforce any unwritten rule to keep the pool area safe.

Lap Swim

- Lanes are first come first served.
 - Maximum 2 swimmers per lane (must be from the same household to share a lane).
 - Reservation should be made under one member of the household, but you must check in together.
 - Lap swimming only, no recreational swim during this time.
 - Reservations are for 45 minutes.
 - Each side of the pool will have its own equipment bin. Please note, the JCC will only be providing kickboards.
 - Each lane will have a small space to put personal belongings. Please leave valuables at home.
- Please rest and stop on the end of the pool where your belongings are.

Family Swim

- Family Swim reservations are only on Friday and Sunday. Each reservation is 1.5 hours.
- Family Swim is for families only. Please reserve a lap lane or recreation area for exercise.
- In accordance with CDC guidelines, gathering in groups on the pool deck (and elsewhere on campus) is prohibited.
- Members of a household may observe a child or other person swimming to ensure safety and supervision.
- Up to 6 members of the household in each area.
- Please no intermingling with people outside of your household.
- Each area will have space to put personal belongings. Please leave valuables at home.
- Please no meals. Snacks and drinks only.
- The Baby Pool and recreational area are available to reserve all day, all week!

Aquafit

- Aquafit will be offered on Monday, Wednesday, Friday and Sundays from 10:00-10:45am, & Thursday from 6:00-6:45pm
- Reservations are required and groups will be limited to 25.
- Class will end promptly at :42 to allow for cleaning from :50 to the :60.
- No congregating on the pool deck before or after.
- Please do not shower after unless absolutely necessary.