

Pool Schedule

September 2020

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
7:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
8:00am									
9:00am									
10:00am	Aqua Fit	Aqua Fit		Aqua Fit		Aqua Fit			
11:00am	Lap Swim	Lap Swim		Lap Swim		Lap Swim		Lap Swim	Swim Team Lessons
12:00pm									
1:00pm									
2:00pm	Family Swim	Family Swim		Family Swim		Family Swim	Family Swim		
3:00pm									
4:00pm	Lap Swim	Swim Team		Swim Team Lessons		Swim Team Lessons	Family Swim	Lap Swim	
5:00pm									
6:00pm		Lap Swim					Lap Swim		Aqua Fit
7:00pm	Pool closes at 7:00pm								

-The Baby Pool and Recreation area are available to book all day throughout the week!

-Please see the back for new rules and regulations. Thanks for your patience as we navigate these difficult times.

Welcome to the JCC Aquatics Center!

Hours of Operation*
7:00am-7:00pm, 7 days per week
Reservations required

*Please check apjcc.org for holiday hours this month

General Pool Information

- Please maintain 6 feet of distance between individuals who are not in the same household at all times.
- Gatherings on the pool deck are strictly prohibited.
- Please wear a face mask at all times, except when showering or in the pool.
- Bring your own goggles, towel, water, and any other aquatics workout equipment you may need.
- Please note, no access to the lockers or changing areas will be permitted until further notice.
- Swimmers must rinse off using the outdoor showers before entering the pool.
- We ask that you vacate the pool at the :45 minute mark and plan to exit the facility at the :50 minute mark.
- Staff will wipe down all commonly touched surfaces between session times and prepare for the next group to arrive.
- All previously written pool rules still apply. Lifeguards and JCC staff reserve the right to enforce any unwritten rule to keep the pool area safe.

Lap Swim

- Lanes are first come first served.
- Maximum 2 swimmers per lane (must be from the same household to share a lane).
- Reservation should be made under one member of the household, but you must check in together.
- Lap swimming only, no recreational swim during this time.
- Reservations are for 45 minutes.
- Each side of the pool will have its own equipment bin. Please note, the JCC will only be providing kickboards.
- Each lane will have a small space to put personal belongings. Please leave valuables at home.

Family Swim

- Family Swim is at 1.5 hr reservation on Friday and Sunday.
- Family Swim on Monday and Wednesday is 45 min. and concurrent with swim team.
- In accordance with CDC guidelines, gathering in groups on the pool deck (and elsewhere on campus) is prohibited.
- Members of a household may observe a child or other person swimming to ensure safety and supervision.
- Up to 6 members of the household in each area.
- Please no intermingling with people outside of your household.
- Each area will have space to put personal belongings. Please leave valuables at home.
- Please no meals. Snacks and drinks only.
- The Baby Pool and recreational area are available to reserve all day all week!

Aquafit

- Aquafit will be offered on Monday, Wednesday, Friday and Sundays from 10:00-10:45am, & Thursday from 6:00-6:45pm
- Reservations are required and groups will be limited to 20.
- Class will end promptly at :42 to allow for cleaning from :50 to the :60.
- No congregating on the pool deck before or after.
- Please do not shower after unless absolutely necessary.