

APJCC AQUATICS RULES

- Please shower before entering the pool.
- No running on the pool deck.
- No glass or alcohol on the pool deck.
- Let other swimmers know when you are entering a lane.
- Follow all lap swim etiquette rules.
- Children under age 4 MUST follow the “double up” policy. Disposable swim diapers and reusable swim diapers are required. No exceptions.
- Lifeguards do not watch the kiddie pool. You must supervise your children.
- No deck changing or diaper changing on deck.
- Long hair should be tied back or in a swim cap.
- Remove band-aids before entering the pool.
- Do not swim (or let your child swim) if you have had diarrhea within the last 72 hours.
- Enjoy safe play, no horseplay or otherwise unsafe behavior.
- Only Coast Guard approved floatation devices are allowed in the pool.
- Children in flotation devices in Lap pool must have parents within arm’s reach.
- All APJCC swimming equipment (kickboards, buoys, barbells, toys) are used for lap swimming and programs only. They may not be used during recreational swim.
- Swimmers are not allowed to throw objects in the pool.
- Proper swimming attire required to enter the water.
- This is a family environment. Please be cautious of the content of your conversations and actions.
- Lifeguards and management have the authority to enforce any unwritten rules as deemed necessary.
- If patrons do not follow the rules, they may be asked to exit the pool, or the facility.