

Pilates Participant Policies and Procedures

Addison-Penzak Jewish Community Center of Silicon Valley

Class Schedules

Classes will run monthly and meet 4 to 5 times depending on how many days and holidays fall in the month.

Participants enrolled in a Pilates Reformer class during the final month of the quarter have priority to register for the same class time from the 1st-15th before each registration date. Open registration starts on the 16th the month before the beginning of each quarter. At the beginning of a quarter, participants will have the option of signing up for up to three months of classes.

Registration forms

You can register for classes by turning in a completed program registration form, which is located on our website and at the Service Desk.

Drop-ins

Drop-in participants must have completed a Pilates Orientation.

Makeup and Cancellation Policy

If a registered participant misses one class in a month, he/she will be offered a \$10 credit applied to the next month Pilates Training. All other unattended classes are non-refundable and will not result in a credit or a makeup.